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## MORBIDITY AND MORTALITY WEEKLY REPORT

**429** Notices to Readers

## Enhanced Detection of Sporadic *Escherichia coli* O157:H7 Infections — New Jersey, July 1994

Infection with *Escherichia coli* O157:H7 causes an estimated 20,000 cases of diarrhea in the United States each year. Although *E. coli* O157:H7 can be isolated using commercially available media, many clinical laboratories do not routinely test stool samples for the organism. In 1993, the Council of State and Territorial Epidemiologists recommended that clinical laboratories begin culturing all bloody stools—and optimally all diarrheal stools—for *E. coli* O157:H7 (1). This report describes the investigation of a pseudo-outbreak of *E. coli* O157:H7 infection that occurred in New Jersey during July 1994 after a year-long increase in the number of laboratories culturing all diarrheal specimens for this pathogen.

From June 1 through July 27, 1994, a total of 46 culture-confirmed cases of *E. coli* O157:H7 infection were reported to the New Jersey Department of Health (NJDOH). In comparison, five cases had been reported during the same period in 1993. To identify the source of these infections, NJDOH and CDC conducted a case-control study involving 23 cases and 46 age-matched controls. A case was defined as a stool culture positive for *E. coli* O157:H7 in a New Jersey resident with onset of diarrhea during July 1994. Of 22 case-patients for whom data were available, 18 (81%) reported they had eaten a hamburger during the week before illness, compared with 21 (47%) of 45 matched controls for whom data were available (matched odds ratio=undefined, p<0.001). Of the hamburgers eaten by case-patients, 73% had been prepared at home or at picnics. No other food item or activity was associated with illness.

An extensive traceback investigation was conducted to identify the source of ground beef eaten by ill persons. The investigation identified multiple retail and wholesale sources, suggesting these cases were sporadic and not related to a common-source outbreak. This finding was verified by laboratory tests that identified 17 different strains of *E. coli* O157:H7 among the 23 clinical isolates. To assess the role of enhanced laboratory surveillance in generating the increase in case reports, NJDOH surveyed 20 clinical laboratories that had reported at least one *E. coli* O157:H7 isolate during 1994. The number of laboratories culturing all diarrheal specimens for *E. coli* O157:H7 had increased from two (10%) in July 1993 to 18 (90%) in July 1994.

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES / Public Health Service

#### E. coli Detection — Continued

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**Editorial Note**: Since 1993, several outbreaks of *E. coli* O157:H7 infection have been detected as a result of increased laboratory testing for this organism (*2,3*). The findings in New Jersey demonstrate that increased testing can also substantially enhance detection and reporting of sporadic infections. In January 1995, an estimated 29% of clinical laboratories in the United States were culturing all diarrheal specimens for *E. coli* O157:H7; however, the proportion was increasing rapidly (CDC, unpublished data, 1995). Therefore, public health officials should anticipate continuing increases in reports of both sporadic and outbreak-related cases and should evaluate the role of enhanced detection when an outbreak is suspected.

A primary strategy for preventing infection with *E. coli* O157:H7 is reducing risk behaviors through consumer education. In New Jersey, the sudden increase in *E. coli* O157:H7 case reports was reported widely by the news media. The press coverage provided public health officials with an opportunity to inform the public about the risks of eating undercooked ground beef, the need for safe food-handling practices, and the potential for person-to-person transmission.

Although traceback investigations can be important in preventing *E. coli* O157:H7 infections, they should be undertaken selectively. Traceback investigations are most useful when the implicated vehicle is novel (e.g., salami) (*3*) or has a long shelf life (e.g., frozen hamburger patties) (*4*). Because fresh ground beef has a short shelf life and usually is derived from many sources, traceback investigations involving this food item are often unproductive.

An effective public health response to *E. coli* O157:H7 requires a timely and sensitive national surveillance system. Through March 1995, a total of 33 states had enacted legislation designating *E. coli* O157:H7 infection as a reportable disease (W. Keene, State Health Division, Oregon Department of Human Resources, personal communication, 1995). In addition, CDC has developed a software module that enables states to report laboratory-confirmed cases to CDC through the Public Health Laboratory Information System (PHLIS). During January 1994–March 1995, a total of 38 states reported to PHLIS 1187 isolates of *E. coli* that were positive for both the O157 and H7 antigens. Although PHLIS is a passive, laboratory-based system, reported incidence rates in some states have exceeded three cases per 100,000 population. With expanded culturing by clinical laboratories and strengthened reporting by states, these rates probably will increase.

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## Escherichia coli O157:H7 Outbreak at a Summer Camp — Virginia, 1994

On August 8, 1994, the Virginia Department of Health was notified that several campers and counselors at a summer camp had developed bloody diarrhea. The outbreak began during the July 17–30 session at a rural camp where activities included frequent overnight trips at which meals were cooked over a campfire. This report summarizes the findings from the investigation, which confirmed *E. coli* O157:H7 as the causative agent.

To determine the source and extent of the outbreak, a standardized questionnaire was administered in person, by telephone, or sent by mail to all campers (aged 7–17 years) and counselors (aged 16–25 years) who attended the session; when necessary, parents assisted younger campers in responding to the questionnaire. A case-patient was defined as a camper or counselor either with a history of bloody diarrhea or with nonbloody diarrhea (three or more loose stools in a 24-hour period) and abdominal cramps with onset during July 17–August 7.

A total of 156 (76%) of the 205 campers and counselors from this session were contacted. Attack rates for illness were 13% (18 of 135) among campers and 10% (two of 21) among counselors. The median age of case-patients was 12 years (range: 9–22 years). Onset of illness occurred from July 22 through August 3 (Figure 1). The median duration of illness was 6 days (range: 3–10 days). Seven patients had grossly bloody diarrhea, and three were hospitalized, including one with hemolytic uremic syndrome. Of nine patients for whom clinical specimens were submitted to laboratories, evidence of *E. coli* O157:H7 infection was detected in seven (specimens for two were positive by stool culture, and elevated IgM antibody titers to *E. coli* O157 lipopolysaccharide antigen were present in serum samples of five).

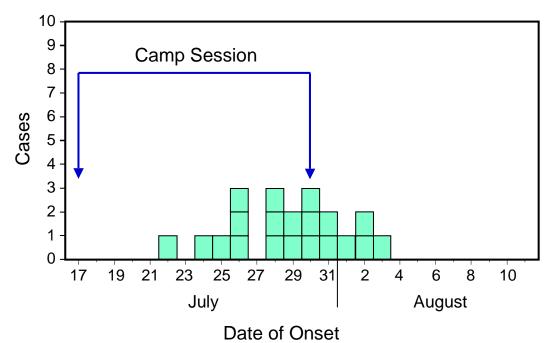


FIGURE 1. Cases of diarrhea at a summer camp, by date of onset — Virginia, July 22–August 3, 1994

### E. coli Outbreak - Continued

Consumption of rare (red or pink) ground beef during the camp session was associated with a substantially increased risk for illness (attack rates: 53% [eight of 15] versus 9% [12 of 141]; relative risk 6.3; 95% confidence interval 3.1–12.9). Increased risk for illness was not associated with consumption of other foods and beverages at camp (including well-cooked ground beef), handling uncooked ground beef, contact with ill campers, sharing water bottles, or swimming frequency.

Of the 15 persons who reported eating rare ground beef while at camp, 13 ate the rare ground beef at meals cooked over a campfire on an overnight trip. Rare ground beef was reported to have been eaten at seven different meals cooked over a campfire. No other risk factors for illness were identified in case-patients who did not report eating rare ground beef.

Cultures of specimens of ground beef from one of six lots used during the camp session and of drinking water and swimming water at the camp were negative for *E. coli* O157:H7. A traceback conducted by the Virginia Department of Agriculture and Consumer Services identified one package of ground beef from a lot distributed to another site; cultures of specimens from this package also were negative for *E. coli* O157:H7.

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**Editorial Note**: *E. coli* O157:H7 is increasingly reported as a cause of both sporadic and outbreak-associated gastroenteritis in the United States. The increase in reported cases is believed to reflect both a true increase in incidence and improved laboratory testing and reporting (1). The spectrum of *E. coli* O157:H7 infection includes asymptomatic infection, nonbloody or bloody diarrhea, and hemolytic uremic syndrome, which occurs in approximately 6% of cases and is a leading cause of acute renal failure among U.S. children. Clinicians considering a diagnosis of *E. coli* O157:H7 gastroenteritis should determine whether a specific request for culture of *E. coli* O157:H7 is required by their laboratory because the range of enteric pathogens included in "routine" stool cultures varies widely by laboratory. For example, of 78 hospital laboratories in Virginia that were surveyed during September 1994, only 14 (18%) reported screening for *E. coli* O157:H7 as part of their routine procedure (2).

Outbreaks of *E. coli* O157:H7 have been associated with an expanding range of foods (3,4), beverages (5), and activities (6) and with person-to-person transmission (7). Consumption of undercooked ground beef accounts for the greatest number of foodborne-related *E. coli* O157:H7 infections (1) and was epidemiologically implicated as the cause of the outbreak described in this report. Thorough cooking is the most effective measure to prevent *E. coli* O157:H7 infection associated with consumption of ground beef. Adequate cooking requires that the core temperature of the meat reach 155 F (68 C) for at least 15 seconds, and can be qualitatively assessed by ensuring that the meat is gray or brown throughout and juices are clear (8).

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#### MMWR

#### E. coli Outbreak - Continued

In 1994, CDC received reports of three *E. coli* O157:H7 outbreaks at U.S. summer camps. Prevention of such outbreaks requires that campers and counselors who cook over campfires be informed about the importance of determining that ground beef has been adequately cooked. Kitchen staff who have been trained also can assist campers and counselors with food preparation; summer camps that serve ground beef should consider purchasing fully precooked ground beef. The importance of proper foodhandling practices at dining halls and campsites should be emphasized during routine summer camp inspections conducted by health departments, and instructions regarding the handling and cooking of ground beef should be included in scouting and camping manuals.

#### References

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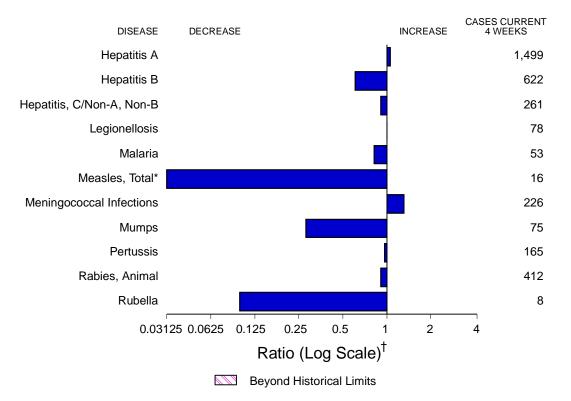
## Estimated Expenditures for Core Public Health Functions — Selected States, October 1992–September 1993

Core public health functions (i.e., essential public health services) are activities that public health departments and other partners undertake to protect and ensure the health of the public. Although total spending for public health programs in the United States has been estimated (1), expenditures for core public health functions have not been characterized. To characterize such expenditures, the Public Health Service (PHS) and the Public Health Foundation (PHF) surveyed senior public health officials in eight states (Connecticut, Illinois, Iowa, Missouri, New York, Oregon, Rhode Island, and Texas [combined 1990 population: 61.4 million]) and used the survey data to estimate national expenditures for core functions during fiscal year 1993 (October 1992–September 1993). This report summarizes the results of that survey (2).

The eight states were selected to reflect geographic and population diversity, and the scope of public health responsibilities of the health agencies in these states varied substantially. Senior public health officials in each state used standard forms and methodologies developed by PHS and PHF to provide state-specific total expenditures

(Continued on page 427)

## FIGURE I. Notifiable disease reports, comparison of 4-week totals ending June 3, 1995, with historical data — United States



\*The large apparent decrease in the number of reported cases of measles (total) reflects dramatic fluctuations in the historical baseline.

<sup>†</sup>Ratio of current 4-week total to mean of 15 4-week totals (from previous, comparable, and subsequent 4-week periods for the past 5 years). The point where the hatched area begins is based on the mean and two standard deviations of these 4-week totals.

## TABLE I. Summary — cases of specified notifiable diseases, United States, cumulative, week ending June 3, 1995 (22nd Week)

	Cum. 1995		Cum. 1995
Anthrax Brucellosis Cholera Congenital rubella syndrome Diphtheria <i>Haemophilus influenzae*</i> Hansen Disease Plague Poliomyelitis, Paralytic	31 7 3 1 557 55 2	Psittacosis Rabies, human Rocky Mountain Spotted Fever Syphilis, congenital, age < 1 year <sup>†</sup> Tetanus Toxic shock syndrome Trichinosis Typhoid fever	25 1 70 - 9 92 19 127

\*Of 544 cases of known age, 134 (25%) were reported among children less than 5 years of age. <sup>†</sup>Updated quarterly from reports to the Division of Sexually Transmitted Diseases and HIV Prevention, National œnter for Prevention Services. First quarter data not yet available.

-: no reported cases

			-		une 4,	Hepatitis (		-			
Reporting Area	AIDS*	Gonor	rhea	А		В		C/N/	A,NB	Legion	ellosis
	Cum. 1995	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994
UNITED STATES	29,887	147,067	155,062	10,350	9,282	3,978	4,921	1,816	1,809	545	621
NEW ENGLAND	1,471	2,047	3,343	97	132	82	174	47	63	10	10
Maine N.H.	26 49	32 45	42 31	14 4	12 5	6 11	7 15	- 4	- 5	3	-
Vt. Mass.	14 652	18 1,167	11 1,219	3 41	2 60	1 30	5 110	- 42	6 41	- 6	- 5
R.I.	122	221	195	11	12	8	3	1	11	1	5
Conn. MID. ATLANTIC	608 7,605	564 15,432	1,845 17,482	24 584	41 642	26 480	34 625	- 148	- 220	N 62	N 75
Upstate N.Y.	836	2,612	4,287	161	214	152	162	74	94	19	18
N.Y. City N.J.	3,952 1,794	5,501 1,703	6,608 2,323	260 90	219 138	124 127	137 166	1 62	1 104	- 14	- 14
Pa.	1,023	5,616	4,264	73	71	77	160	11	21	29	43
E.N. CENTRAL Ohio	2,492 544	31,546 10,506	32,721 9,765	1,339 838	875 276	411 51	504 83	114 5	160 9	150 78	218 76
Ind. III.	200 1,105	2,714 8,485	3,389 9,764	58 200	142 258	89 81	91 140	- 24	4 43	33 11	73 17
Mich.	502	7,715	6,854	166	111	171	153	85	104	15	34
Wis. W.N. CENTRAL	141 697	2,126 7,870	2,949 8,764	77 622	88 444	19 223	37 274	- 44	- 33	13 53	18 41
Minn.	148	1,230	1,402	66	83	21	28	2	6	-	-
lowa Mo.	40 280	599 4,761	553 4,541	36 422	22 194	16 148	15 202	3 25	7 6	12 29	21 10
N. Dak. S. Dak.	2 7	13 78	17 80	14 15	1 15	3 1	-	3 1	-	3	4
Nebr.	61	-	558	23	70	16	14	5	5	7	4
Kans. S. ATLANTIC	159 7,773	1,189 43,579	1,613 42,124	46 477	59 460	18 539	15 972	5 137	9 248	2 83	2 153
Del.	154	862	762	7	14	2	7	1	1	-	-
Md. D.C.	1,133 464	5,178 1,996	7,961 2,734	83 3	73 10	88 10	157 16	4	13 -	17 3	35 4
Va. W. Va.	552 36	4,411 224	5,217 304	84 11	59 5	38 29	54 10	5 23	17 15	5 3	3 1
N.C. S.C.	405 398	10,229 4,954	10,313 5,156	55 16	47 12	120 21	125 17	27 7	27 3	15 16	10 8
Ga.	935	7,142	Ū	43	22	50	411	11	148	10	70
Fla.	3,696	8,583	9,677	175	218	181	175	59	24	14	22
E.S. CENTRAL Ky.	961 116	18,566 1,915	14,050 1,870	518 22	181 90	415 32	493 46	549 8	357 12	15 2	37 5
Tenn. Ala.	380 263	5,543 7,693	5,599 6,581	416 51	65 26	329 54	412 35	539 2	337 8	9 3	25 7
Miss.	202	3,415	Ū	29	U	-	U	-	U	1	U
W.S. CENTRAL Ark.	2,513 108	13,730 1,602	17,787 2,814	1,198 108	1,175 23	564 20	517 9	251 2	164 3	5	14 4
La.	366	4,972	5,069	42	66	76 175	76	59 176	47	2 2	- 8
Okla. Tex.	131 1,908	950 6,206	1,719 8,185	231 817	106 980	293	132 300	176	87 27	2	2
MOUNTAIN	975	3,243	4,037	1,793	1,807	351	263	204	190	101	41
ldaho	8 24	38 54	38 33	26 178	148	9 39	9 42	8 25	2 46	4 1	13
Wyo. Colo.	5 339	21 1,242	35 1,385	69 227	10 207	8 55	8 45	80 32	56 29	3 28	2 7
N. Mex. Ariz.	81 268	361	435	356 510	472 675	135 56	89 27	26	32 8	3 44	1
Utah	58	1,232 83	1,269 145	371	170	34	18	20 5	9	5	1
Nev. PACIFIC	192 5 400	212 11,054	697 14 754	56 2 722	114 2 566	15 913	25 1,099	8 322	8 374	13 66	14
Wash.	5,400 463	1,053	14,754 1,245	3,722 247	3,566 500	72	103	85	118	5	32 7
Oreg. Calif.	184 4,587	202 9,232	354 12,485	686 2,694	362 2,585	38 789	64 905	22 205	16 236	56	23
Alaska Hawaii	45 121	329 238	358 312	16 79	94 25	5 9	7 20	1 9	- 4	- 5	- 2
Guam	-	31	111	2	16	-	20	-	-	-	2
P.R. V.I.	1,099 19	233 4	220 10	41	27 1	314 2	134 4	190	57	-	-
Amer. Samoa	-	8	14	5	4	-	4 -	-	-	-	-
C.N.M.I.	-	12	40	15	5	7	-	-	-	-	-

TABLE II. Cases of selected notifiable diseases, United States, weeks endingJune 3, 1995, and June 4, 1994 (22nd Week)

N: Not notifiable U: Unavailable -: no reported cases C.N.M.I.: Commonwealth of Northern Mariana Islands \*Updated monthly to the Division of HIV/AIDS Prevention, National Center for Prevention Services, last update May 25, 1995.

	1				1		Measl	es (Rube	ola)					
	Ly		Mal	o vi o	lu d'a	enous				4-1		ococcal	Mumps	
Reporting Area	Cum.	ease Cum.	Cum.	Cum.		Cum.		orted* Cum.	Cum.	tal Cum.	Cum.	Cum.	Cum.	Cum.
UNITED STATES	<b>1995</b> 1,735	<b>1994</b> 2,114	<b>1995</b> 377	<b>1994</b> 391	<b>1995</b> 9	<b>1995</b> 167	1995	<b>1995</b> 8	<b>1995</b> 175	<b>1994</b> 688	<b>1995</b> 1,473	<b>1994</b> 1,406	<b>1995</b> 379	<b>1994</b> 642
NEW ENGLAND	191	2,114	18	26	-	4	-	-	4	27	73	60	4	11
Maine N.H.	2 11	- 8	1 1	1 3	-	-	-	-	-	4 1	5 15	12 5	2	3 4
Vt.	2 46	2	- 5	1 11	-	- 2	-	-	- 2	1	6	2	- 1	-
Mass. R.I.	38	33 24	2	4	-	2	-	-	2	6 12	24	25	-	1
Conn. MID. ATLANTIC	92 1,277	145 1,401	9 87	6 58	-	- 1	-	- 2	- 3	3 187	23 168	16 142	1 55	3 59
Upstate N.Y.	788	1,139	21	17	-	-	-	-	-	14	60	43	14	14
N.Y. City N.J.	20 136	2 141	34 22	15 16	-	1 -	-	2	3	7 159	18 42	21 33	5 5	11
Pa.	333	119	10	10 45	-	- 6	-	-	- 7	7 85	48	45 105	31 65	34
E.N. CENTRAL Ohio	21 15	175 10	38 2	45 7	-	1	-	1	1	15	188 61	195 53	20	117 27
Ind. III.	3 2	5 9	2 23	8 18	U	-	U	-	-	1 51	27 53	24 69	1 24	6 54
Mich. Wis.	1	1 150	9 2	11 1	-	3 2	-	1	4 2	15 3	40 7	26 23	20	26 4
W.N. CENTRAL	21	30	9	19	-	1	-	-	1	161	, 89	95	25	31
Minn. Iowa	- 1	- 1	3 1	5 4	-	-	-	-	-	-	16 16	9 12	2 8	3 8
Mo.	4	26	3	7	-	1	-	-	1	159	33	42	11	18 1
N. Dak. S. Dak.	-	-	-	-	-	-	-	-	-	-	4	6	-	-
Nebr. Kans.	1 15	-3	2	2 1	-	-	-	-	-	1 1	9 11	8 17	4	1
S. ATLANTIC	152	211	86	81	-	1	-	-	1	11	252	216	44	101
Del. Md.	7 98	27 69	1 21	3 36	-	-	-	-	-	2	3 14	2 12	-	- 25
D.C. Va.	- 12	1 22	8 15	7 9	-	-	-	-	-	- 2	1 30	2 38	- 13	24
W. Va. N.C.	12 11	5 26	1 6	2	-	-	-	-	-	-	4 45	9 35	16	3 24
S.C.	5	2	-	2	-	-	-	-	-	- 2	32	11	6	6
Ga. Fla.	5	55 4	11 23	10 12	-	1	-	-	1	2 5	58 65	49 58	9	7 12
E.S. CENTRAL Ky.	10 1	15 10	8	10 4	-	-	-	-	-	28	88 25	88 22	14	4
Tenn.	6	4	3	4	-	-	-	-	-	28	24	22	4	3
Ala. Miss.	1 2	1 U	5	2 U	-	-	-	-	-	Ū	24 15	44 U	4 6	1 U
W.S. CENTRAL	34	35	9	14	9	11	-	-	11	12	189	168	23	146
Ark. La.	2 1	1	2 1	2	9	2 9	-	-	2 9	1 1	19 28	27 23	2 7	4 15
Okla. Tex.	13 18	19 15	- 6	2 10	-	-	-	-	-	- 10	19 123	18 100	- 14	21 106
MOUNTAIN	3	1	25	18	-	42	-	1	43	134	118	105	19	45
Mont. Idaho	-	- 1	2 1	- 2	-	-	-	-	-	-	2 5	2 13	1 2	- 4
Wyo. Colo.	1 1	-	- 14	- 8	-	- 3	-	-	- 3	- 18	5 25	5 16	- 1	1 1
N. Mex.	-	-	3	2	-	28	-	-	28	-	26	11 40	N 5	N
Ariz. Utah	-	-	2 2	1 4	-	10	-	- 1	10 1	107	42 6	14	3	25 7
Nev. PACIFIC	1 26	- 34	1 97	1 120	-	1 101	-	- 4	1 105	9 43	7 308	4 337	6 130	6 128
Wash.	1	-	10	11	-	13	-	2	15	-	54	50	10	7
Oreg. Calif.	2 23	2 32	4 75	10 91	-	1 87	-	-1	1 88	- 41	51 195	75 206	N 107	N 111
Alaska Hawaii	-	-	1 7	- 8	-	-	-	- 1	- 1	- 2	6 2	2 4	9 4	2 8
Guam	-	-	-	-	U	-	U	-	-	401	2	-	3	5
P.R. V.I.	-	-	-	-	2 U	9	Ū	-	9	11	12	5	- 2	2 2
Amer. Samoa	-	-	-	-	-	-	-	-	-	-	-	-	-	1

## TABLE II. (Cont'd.) Cases of selected notifiable diseases, United States, weeks ending June 3, 1995, and June 4, 1994 (22nd Week)

\*For imported measles, cases include only those resulting from importation from other countries.

N: Not notifiable U: Unavailable -: no reported cases

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Reporting Area		Pertussis			Rubella		Sypl (Prim Secon	ary &	Tubero	ulosis	Rabies, Animal		
	1995	Cum. 1995	Cum. 1994	1995	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994	Cum. 1995	Cum. 1994	
JNITED STATES	39	1,248	1,482	4	40	158	6,492	8,388	6,948	8,090	2,672	2,986	
NEW ENGLAND	6	156	171	-	6	111	83	92	136	161	724	796	
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√t.	-	3	27	-	-	-	-	-	1	2	101	68	
Mass. R.I.	6	115	89 3	-	2	110 1	32 1	35 8	79 18	79 16	256 113	300 5	
Conn.	-	7	11	-	3	-	47	44	33	58	167	33	
MID. ATLANTIC	6	108	275	-	3	5	389	562	1,474	1,612	632	71	
Jpstate N.Y. N.Y. City	2	61 22	99 54	-	1 2	5	24 208	80 288	165 789	215 984	254	490	
N.J. <sup>′</sup>	-	2	9	-	-	-	81	99	285	287	158	136	
Pa.	4	23	113	-	-	-	76	95	235	126	220	89	
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Wis.	-	30 12	69	-	-	5	68	133	24	24	1	ļ	
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N. Dak.	-	6	3	-	-	-	-	1	1	3	15	4	
S. Dak. Nebr.	-	7 3	- 3	-	-	-	-	- 5	10 9	9 7	22	11	
Kans.	-	11	6	-	-	-	9	30	44	28	26	16	
6. ATLANTIC	1	107	160	4	9	9	1,544	2,323	1,253	1,684	889	78	
Del. Md.	-	5 10	- 52	-	-	-	7 24	12 96	- 189	13 137	33 176	16 240	
D.C.	-	2	3	-	-	-	24 56	109	43	47	7	24	
/a.	1	8	15	-	-	-	282	304	61	157	169	17	
V. Va. N.C.	-	50	2 44	-	-	-	1 506	8 763	44 121	39 210	41 178	33	
S.C.	-	11	9	-	-	-	291	299	133	181	54	78	
Ga. Fla.	-	1 20	11 24	- 4	- 9	- 9	210 167	369 363	240 422	318 582	127 104	159	
E.S. CENTRAL	-	20	24 76	-	5	-	1,801	303 821	445	477	79	87	
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N.S. CENTRAL	3	61	38	-	2	7	926	2,127	774	945	38	329	
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ex.	2	44	7	-	2	3	257	1,029	692	746	-	258	
MOUNTAIN	9	423	162	-	4	3	103	141	258	203	53	53	
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Jtah	-	10	10	-	1	2	3	7	10	-	1		
lev.	1	5	2	-	-	1	7	21	68	52	1	:	
ACIFIC Vash.	8 3	183 33	305 37	-	16 1	16	203 7	469 20	1,629 110	2,352 104	119	127	
vasn. Dreg.	-	33	37 41	-	1	-	6	20 16	23	48	-		
Calif.	5	127	222	-	13	15	189	430	1,391	2,059	115	96	
Alaska Tawaii	-	- 16	- 5	-	- 1	- 1	1	2 1	34 71	30 111	4	3	
Guam	U	-	1	U	-	1	1	4	4	36	-		
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/.1.	U	-	- 1	U	-	-	1	21 1	- 3	2	-		
Amer. Samoa													

## TABLE II. (Cont'd.) Cases of selected notifiable diseases, United States, weeks endingJune 3, 1995, and June 4, 1994 (22nd Week)

U: Unavailable -: no reported cases

	A	All Cau	ises, Βγ	/ Age (Y	'ears)	P&I			All Causes, By Age (Years)						
Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total	Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	P&l <sup>†</sup> Total
NEW ENGLAND Boston, Mass. Bridgeport, Conn. Cambridge, Mass. Fall River, Mass. Hartford, Conn. Lowell, Mass. Lynn, Mass. New Bedford, Mass. New Haven, Conn. Providence, R.I. Somerville, Mass. Springfield, Mass. Waterbury, Conn. Worcester, Mass.	587 177 37 35 25 46 28 28 28 28 29 44 5 35 25 67	423 123 28 21 34 21 13 12 13 31 5 28 28 51	88 31 4 5 5 2 2 6 6 - 5 3 11	50 14 3 4 5 1 1 4 6 4 - 2 2 4	14 4 2 - 1 - 2 1 - 2 1 - 2 1	12 5 - 1 - 1 - 2 2 - - -	31 32 4 1 1 1 2 1 2 1 1 1 1	S. ATLANTIC Atlanta, Ga. Baltimore, Md. Charlotte, N.C. Jacksonville, Fla. Miami, Fla. Norfolk, Va. Richmond, Va. Savannah, Ga. St. Petersburg, Fla. Tampa, Fla. Washington, D.C. Wilmington, Del. E.S. CENTRAL	1,275 137 264 76 121 126 66 66 51 56 130 174 12 642	786 83 153 59 84 74 33 35 39 46 88 88 7 7 427	267 33 56 11 22 32 15 19 6 6 24 43 -	142 16 37 6 8 11 3 9 4 3 12 33 - 52	52 2 11 6 8 7 1 2 1 3 6 5 9	28 3 7 1 1 4 2 3 7 - 26	70 1 23 8 6 1 3 2 9 2 12 3 - 57
MID. ATLANTIC Albany, N.Y. Allentown, Pa. Buffalo, N.Y. Camden, N.J. Elizabeth, N.J. Erie, Pa.§	1,988 55 20 99 30 14 41	1,301 39 14 76 18 9 35	379 12 4 15 6 4 5	238 2 1 7 4 1 1	34 - 1 - 1 -	33 2 1 1 -	72 6 3 1	Birmingham, Ala. Chattanooga, Tenn. Knoxville, Tenn. Lexington, Ky. Memphis, Tenn. Mobile, Ala. Montgomery, Ala. Nashville, Tenn.	99 50 66 40 222 44 39 82	68 34 49 30 142 28 23 53	18 9 15 6 41 7 13 18	7 6 2 3 19 4 2 9	3 - 1 4 - 1 -	2 1 - 16 5 - 2	6 4 8 4 19 6 3 7
Jersey City, N.J. New York City, N.Y. Newark, N.J. Paterson, N.J. Philadelphia, Pa. Pittsburgh, Pa.§ Reading, Pa. Rochester, N.Y. Schenectady, N.Y. Scranton, Pa.§ Syracuse, N.Y. Trenton, N.J. Utica, N.Y. Yonkers, N.Y.	47 1,208 58 U 78 14 140 25 33 66 38 22 U	28 757 23 U 54 11 100 28 50 20 19 U	9 242 11 U 15 1 27 3 2 10 11 21 U U	8 175 16 U 3 2 6 2 1 4 4 1 U	1 19 4 U - - 4 - 2 2 2 - U	1 15 1 U 6 - 3 - 3 - 3 - U	1 32 3 U U 5 1 0 1 - 7 2 - U	W.S. CENTRAL Austin, Tex. Baton Rouge, La. Corpus Christi, Tex. Dallas, Tex. El Paso, Tex. Ft. Worth, Tex. Houston, Tex. Little Rock, Ark. New Orleans, La. San Antonio, Tex. Shreveport, La. Tulsa, Okla.	1,093 64 26 43 156 68 89 282 67 U 157 56 85	715 37 17 30 86 50 63 162 49 U 109 45 67	204 15 6 37 9 16 59 11 U 27 8 10	117 5 3 7 22 3 7 43 5 U 16 2 4	35 5 9 3 1 9 1 U 3 1 3	21 2 2 2 9 1 U 2 1	74 8 1 2 5 9 2 2 2 0 9 7 7 7
E.N. CENTRAL Akron, Ohio Canton, Ohio Chicago, III. Cincinnati, Ohio Cleveland, Ohio Columbus, Ohio Dayton, Ohio Detroit, Mich. Evansville, Ind. Fort Wayne, Ind. Gary, Ind. Grand Rapids, Micl Indianapolis, Ind. Madison, Wis.	182 55 102	1,231 25 22 227 61 69 933 125 32 25 7 35 116 38 71	378 6 10 119 16 20 30 12 42 3 7 2 6 35 311 23	247 2 112 7 14 12 7 27 5 3 3 22 3 6	114 1 74 3 2 6 3 8 3 2 5 2 5 2 1	50 2 10 7 4 3 8 1 - - 4 1 1	107 2 27 7 2 11 5 5 - 1 4 14 4 10	MOUNTAIN Albuquerque, N.M. Colo. Springs, Colo. Denver, Colo. Las Vegas, Nev. Ogden, Utah Phoenix, Ariz. Pueblo, Colo. Salt Lake City, Utah Tucson, Ariz. PACIFIC Berkeley, Calif. Fresno, Calif. Glendale, Calif. Honolulu, Hawaii Long Beach, Calif.	104 121 27 158 31	496 51 32 67 74 26 18 63 74 1,096 11 33 16 50	120 11 9 12 20 2 29 8 13 16 267 3 8 4 8 4 8 12	78 9 - 16 21 3 16 4 3 6 161 3 5 1 161 3 5 1	29 3 - 6 4 1 7 1 2 5 37 - 2 -	21 1 3 2 9 - 2 4 25 - 1 - 1	47 6 4 5 11 1 4 10 5 139 4 3 13 12
Peoria, III. Rockford, III. South Bend, Ind. Toledo, Ohio Youngstown, Ohio W.N. CENTRAL Des Moines, Iowa Duluth, Minn. Kansas City, Kans. Kansas City, Kans. Kansas City, Mo. Lincoln, Nebr. Minneapolis, Minn. Omaha, Nebr. St. Louis, Mo. St. Paul, Minn.	39 47 47 55 576 57 20 U 120 18 123 71 115 52 U	25 38 33 61 45 392 44 10 68 12 89 48 82 82 30 U	95886 9864 26319 1451 10	3 5 5 3 7 5 - U 7 1 6 5 6 7 U	- - 1 16 - 1 U - 4 4 7 - U	2 1 1 2 - 18 2 - U 4 2 5 - 5 - U	44 <sup>-52</sup> 309106192530	Los Angeles, Calif. Pasadena, Calif. Portland, Oreg. Sacramento, Calif. San Diego, Calif. San Francisco, Cali San Jose, Calif. Santa Cruz, Calif. Seattle, Wash. Spokane, Wash. Tacoma, Wash. TOTAL	414 26 98 133 118 f. 134 161 45 104 58 85 10,534 <sup>¶</sup>	267 19 69 96 76 83 115 34 75 34 65 6,867	86 3 14 21 19 21 8 22 10 10 10 1,928	36 2 10 9 15 15 19 3 5 12 8 1,122	15 2 4 3 - 5 2 1 1 340	5 3 6 2 1 - 1 234	22 3 4 13 13 15 5 2 4 9 633

## TABLE III. Deaths in 121 U.S. cities,\* week ending June 3, 1995 (22nd Week)

\*Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.
 <sup>1</sup>Pneumonia and influenza.
 <sup>5</sup>Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks.
 <sup>1</sup>Total includes unknown ages.
 U: Unavailable -: no reported cases

#### Core Public Health Functions — Continued

and expenditures associated with 10 core public health functions (encompassing surveillance, preventive services, outreach, quality assurance, training, and planning) during fiscal year 1993. Respondents provided the budgets of state and local public health agencies, substance-abuse agencies, mental health agencies, and environmental agencies. State populations were determined from the 1990 census.

Among the eight states, per capita expenditures for core public health functions ranged from \$31 to \$57 (mean: \$44); these expenditures constituted 15%–46% (mean: 27%) of the total expenditures for combined public health agencies in each state. Per capita expenditures for all public health agencies combined in each state ranged from \$93 to \$275 (mean: \$166). Overall, approximately 30% of core public health expenditures were spent by environmental health agencies.

Health expenditures by state and local public health agencies were calculated by excluding substance-abuse, mental health, and environmental health agency expenditures. Per capita expenditures by state and local public health agencies ranged from \$42 to \$101 (mean: \$64); core public health expenditures constituted 30%–61% (mean: 41%) of the total expenditures by state and local public health agencies in each state.

Reported by: S Addiss, Connecticut Dept of Public Health and Addiction Svcs. J Lumpkin, Illinois Dept of Public Health. C Atchinson, Iowa Dept of Public Health. C Stokes, Missouri Dept of Health. L Novick, New York Dept of Health. M Skeels, Oregon Health Div. W Waters Jr, Rhode Island Dept of Health. D Smith, Texas Dept of Health. Association of Schools of Public Health, Washington, DC. Association of State and Territorial Health Officials, Washington, DC. National Academy of Sciences-Institute of Medicine, Washington, DC. National Association of County and City Health Officials, Washington, DC. Public Health Foundation, Washington, DC. Health Resources and Svcs Administration, and Office of Disease Prevention and Health Promotion, Public Health Svc; Office of the Assistant Secretary for Health, US Dept of Health and Human Svcs. Div of Public Health Systems, Public Health Practice Program Office, CDC.

Editorial Note: The findings in this report indicate that to provide the essential services of public health to communities, an average of \$44 per capita was spent during 1993 by the eight states included in the survey. Based on this finding and assuming that these states are representative of the U.S. population, during the same period nationally, state and local public health, substance-abuse, mental health, and environmental agencies spent an estimated \$11.4 billion (range: \$8.0 billion-\$14 billion) on core public health functions.\* In addition, during this period, PHS spent an estimated \$3.0 billion on core public health functions (1). Therefore, during fiscal year 1993, the combined estimated state, local, and PHS expenditures on core public health functions were \$14.4 billion (range: \$11 billion–\$17 billion). Based on an estimate by the Health Care Financing Administration (HCFA), total health-care-related expenditures for the United States in 1993 were \$903 billion (3). Thus, core public health functions accounted for approximately 1.6% (range: 1.2%-2.0%) of national health-care expenditures in 1993. If expenditures by environmental agencies and PHS are not considered, only 0.9% was spent on core public health functions. In comparison, HCFA estimated that, in 1993, expenditures for federal, state, and local public health activities were \$24.2 billion—or 2.7% of national health expenditures. In addition, a previous report indicated that, in 1988, prevention-related activities accounted for 3.4% of national health expenditures (4).

The findings in this report are subject to at least two limitations. First, the estimated expenditures are based on the analysis of data from a small, nonrandom sample of

<sup>\*\$11.4</sup> billion=\$44.35 (spent per capita) multiplied by 258 million (U.S. 1993 population); the range is based on the range of per capita expenditures for the eight states surveyed.

#### Core Public Health Functions — Continued

states that may not be representative of all states. In particular, the availability and use of resources for core public health functions may vary in relation to public priorities, revenue sources, and other factors. Second, although the core functions were explicitly defined, there were state-specific differences in statutory responsibilities and organization of state public health agencies that, in turn, were associated with variations in expenditures on core public health functions.

Public health functions and services have been defined and classified previously by organizations including the National Academy of Sciences–Institute of Medicine (5), the National Association of County and City Health Officials (6), CDC (7), and some states. To further define the purposes and services of public health, in 1994 PHS convened a workgroup with representatives from multiple public-sector and professional organizations.<sup>†</sup> This work group defined six public health responsibilities and 10 essential services of public health (Table 1).

In 1988, the Institute of Medicine recommended strengthening the public health system (5). Other organizations have suggested that funding of community-oriented public health functions should be three times higher than the current amount (2,8). The PHS continues to investigate expenditures on public health: nine states are participating in a second pilot study for fiscal year 1994 that will more precisely measure expenditures associated with the essential public health services. State and local health agencies and other partners should continue to examine expenditures on public health activities and ensure that essential public health services are carried out.

#### References

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- 3. Department of Health and Human Services, Assistant Secretary for Management and Budget (Appropriations). Survey of PHS agencies for public health functions. Washington, DC: US Department of Health and Human Services, Public Health Service, 1994.
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- 8. Partnership for Prevention. Prevention: benefits, costs and savings. Washington, DC: Partnership for Prevention, 1994.

<sup>&</sup>lt;sup>†</sup>Agency for Health Care Policy and Research, American Public Health Association, Association of Schools of Public Health, Association of State and Territorial Health Officials, Food and Drug Administration, Health Resources and Services Administration, Indian Health Service, National Academy of Sciences-Institute of Medicine, National Association of County and City Health Officials, National Association of State Alcohol and Drug Abuse Directors, National Association of State Mental Health Program Directors, Office of the Assistant Secretary for Health, Public Health Foundation, Substance Abuse and Mental Health Services Administration, and CDC.

## Core Public Health Functions - Continued

# TABLE 1. Public health responsibilities and essential public health services — 1994Public Health:

- Prevents epidemics and the spread of disease
- Protects against environmental hazards
- Prevents injuries
- Promotes and encourages healthy behaviors and mental health
- Responds to disasters and assists communities in recovery
- Assures the quality and accessibility of health services

## **Essential Public Health Services:**

- Monitor health status to identify and solve community health problems
- Diagnose and investigate health problems and health hazards in the community
- Inform, educate, and empower people about health issues
- Mobilize community partnerships and action to identify and solve health problems
- Develop policies and plans that support individual and community health efforts
- · Enforce laws and regulations that protect health and ensure safety
- Link people to needed personal health services and assure the provision of health care when otherwise unavailable
- Assure a competent public health and personal health care workforce
- Evaluate effectiveness, accessibility, and quality of personal and populationbased health services
- · Research for new insights and innovative solutions to health problems
- Source: Essential Public Health Services Work Group.

## Notice to Readers

## Update: Availability of Electronic MMWR on Internet

Since January 27, 1995, the *MMWR* series has been available in an electronic format on the Internet (1); current and past copies (since January 15, 1993) of the electronic *MMWR* series are available. To access CDC's Internet file servers, users must have Internet access and software that retrieves files by file transfer protocol (FTP) or software that will access the World Wide Web (WWW). As of May 1, changes have been made in the names of some directories used to access the electronic *MMWR* files and Adobe<sup>TM</sup> Acrobat<sup>TM\*</sup> Reader software (produced by Adobe, Inc.) required to view the electronic *MMWR* in Adobe<sup>TM</sup> Acrobat<sup>TM</sup> portable document format (.pdf). Following are the revised instructions.

## Where to Obtain *MMWR* Through the Internet

Users can receive *MMWR* by connecting to the following servers:

#### Notices to Readers — Continued

**CDC FTP server.** Use FTP to connect to CDC's file server <u>ftp.cdc.gov</u>. Supply user name **anonymous**, and give the user's Internet e-mail address in response to the prompt for the password. Select the subdirectory **/pub/publications**, then subdirectory **mmwr**. Select subdirectory **wk** for the *MMWR* (weekly), subdirectory **ss** for *CDC Surveillance Summaries*, or subdirectory **rr** for *MMWR Recommendations and Reports*. Then view the listing, and download the files of interest.

Each .pdf file represents a single issue of *MMWR* and is named according to the publication, volume, and issue number. For example, mm4301.pdf contains all pages for the *MMWR* (weekly) Volume 43, Number 1. Files with the prefix rr or ss represent *MMWR Recommendations and Reports* or *CDC Surveillance Summaries*, respectively.

**CDC WWW server**. Programs that browse the WWW (e.g., Mosaic) allow particularly easy navigation of the Internet. Use WWW software to connect to the *MMWR* WWW pages at either of the following addresses:

- <a href="http://www.cdc.gov/">http://www.cdc.gov/</a> Go to Publications, Products, and Subscription Services, then Morbidity and Mortality Weekly Report (MMWR) to find the *MMWR*, OR
- <a>http://www.crawford.com/cdc/mmwr/mmwr.html</a> To access the *MMWR*, follow the instructions that appear on the screen.

#### How to Obtain MMWR from the Public E-Mail List

An automatic service is available for receiving a weekly notification of the contents of the *MMWR* and instructions on how to electronically retrieve the complete *MMWR* file through e-mail. To subscribe, send an e-mail message to <u>lists@list.cdc.gov</u>. The body content of the e-mail should read **subscribe mmwr-toc**. The subscriber will be added automatically to the mailing list and receive a weekly table of contents and other announcements regarding the electronic *MMWR*. Subscribers will also receive instructions about additional e-mail commands, such as retrieving documents, send-ing messages to the system operator, canceling a subscription, or sending an e-mail change of address.

Some sites may have to process the received mail attachments with a uudecode utility to create an acceptable binary file readable by  $Acrobat^{TM}$ . If the user's e-mail system does not have uudecode, the user should contact his/her e-mail administrator. Uudecode software is available free of charge at many FTP sites on the Internet. Questions about the list service should be sent to mmwr-questions@list.cdc.gov] by e-mail.

### How to Obtain Free Reader Software

Adobe<sup>™</sup> Acrobat<sup>™</sup> Reader software is required to view the contents of the *MMWR* electronic files. Free Adobe<sup>™</sup> Acrobat<sup>™</sup> Reader software is available on the Internet from CDC and Adobe, Inc.

**From CDC FTP server.** To download Adobe<sup>™</sup> Acrobat<sup>™</sup> Reader software through the Internet, use FTP to connect to CDC's file server **ftp.cdc.gov**. Supply the user name **anonymous** and your Internet e-mail address when prompted for the password. Select the subdirectory **pub**, then the subdirectory **Acrobat**. Download the appropriate file (DOS, Macintosh<sup>®</sup>, UNIX<sup>®</sup>, Windows<sup>™</sup>).

**From CDC WWW server**. Free software also can be downloaded by connecting to the WWW. Using WWW software, connect to the following addresses for *MMWR* documents:

### Notices to Readers — Continued

- <u>http://www.cdc.gov/</u> Choose Publications, Products, and Subscription Services, then Morbidity and Mortality Weekly Report (MMWR), and finally Adobe<sup>TM</sup> Acrobat<sup>TM</sup> Reader. Read the instructions. Then choose Obtain a free copy of the Adobe<sup>TM</sup> Acrobat<sup>TM</sup> Reader. Select "download to disk" from the WWW software, and download the appropriate DOS, Macintosh<sup>®</sup>, UNIX<sup>®</sup>, or Windows<sup>TM</sup> reader(s).
- http://www.crawford.com/cdc/mmwr/mmwr.html Choose Adobe™ Acrobat™ Reader. Read the instructions. Then select Obtain a free copy of the Adobe™ Acrobat™ Reader. Select "download to disk" from the WWW software, and download the appropriate DOS, Macintosh<sup>®</sup>, UNIX<sup>®</sup>, or Windows™ reader(s).

**From Adobe, Inc., FTP server.** Free Adobe<sup>™</sup> Reader software is available by connecting to the anonymous FTP site **ftp.adobe.com** to download the software.

Adobe, Inc., also has a dial-in electronic bulletin board (BBS) at (206) 623-6984. Connecting to the BBS requires a modem and a terminal emulation program that supports VT-100 or ANSI emulation. Modem settings should be 8 data bits, 1 stop bit, and no parity. Adobe's BBS will support modems with speeds up to 14.4 kb. To use the BBS, the user should log in with his/her own name as the user ID, and select a password. Adobe BBS will not accept a blank as either the user ID or the password.

**From Adobe, Inc., WWW server.** Using WWW software, connect to http://www.adobe.com/ and follow the instructions.

#### Adobe Software Support

Adobe<sup>™</sup> Acrobat<sup>™</sup> software installation and use questions should be directed to Adobe<sup>™</sup> Acrobat<sup>™</sup> software support. Assistance is available Monday–Thursday 6 a.m.–5 p.m. and Friday 6 a.m.–2 p.m. (Pacific time) at the following telephone numbers: Adobe<sup>™</sup> Acrobat<sup>™</sup> Reader Support, (900) 555-2362; Adobe<sup>™</sup> Acrobat<sup>™</sup> Technical Support, (408) 986-6580; Adobe<sup>™</sup> Technical Support BBS, (206) 623-6984.

Users should not call CDC's MMWR office for software support.

Reference

1. CDC. Availability of electronic *MMWR* on Internet. MMWR 1995;44:48–50.

## Notice to Readers

## **Conference on Prevention of Spina Bifida and Anencephaly**

CDC is sponsoring a conference, "Time for Action: Prevention of Spina Bifida and Anencephaly," June 19–20, 1995, in Alexandria, Virginia. The purpose of the conference is to inform participants of activities under way and to solicit input into future activities leading to full implementation of the 1992 Public Health Service recommendation that all women capable of becoming pregnant consume 0.4 mg of folic acid daily to reduce the risk for a pregnancy affected by a neural tube defect. Additional information is available from CDC's Division of Birth Defects and Developmental Disabilities, National Center for Environmental Health, telephone (404) 488-7160.

The Morbidity and Mortality Weekly Report (MMWR) Series is prepared by the Centers for Disease Control and Prevention (CDC) and is available free of charge in electronic format and on a paid subscription basis for paper copy. To receive an electronic copy on Friday of each week, send an e-mail message to *lists@list.cdc.gov*. The body content should read *subscribe mmwr-toc*. Electronic copy also is available from CDC's World-Wide Web server at http://www.cdc.gov/ or from CDC's file transfer protocol server at *ftp.cdc.gov*. To subscribe for paper copy, contact Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402; telephone (202) 783-3238.

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