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Emerging Infectious Diseases

MORBIDITY AND MORTALITY WEEKLY REPORT

Escherichia coli O157:H7 Outbreak Linked to Home-Cooked Hamburger — California, July 1993

Although outbreaks of *Escherichia coli* O157:H7 have been linked to consumption of contaminated ground beef, the organism is rarely isolated from the implicated meat. In addition, most epidemiologic investigations of illness associated with *E. coli* O157:H7 infections have been directed at restaurant-associated outbreaks, and the sources of infection for sporadic cases rarely have been identified. In July 1993, three cases of culture-confirmed *E. coli* O157:H7 infection among persons residing in a small community in California were traced to consumption of hamburger purchased from a local grocery store; *E. coli* O157:H7 was isolated from that meat. This report summarizes the investigation of these cases by local and state public health officials.

On July 12, 1993, a hospital laboratory in Fort Bragg, California, reported a case of *E. coli* O157:H7 infection in a 13-year-old girl to the Mendocino County Public Health Department (MCPHD). The patient had had onset of bloody diarrhea on July 7 and recovered. Members of her family reported having eaten home-cooked hamburgers on July 5 made from meat purchased from a local market (market A) on July 3; the hamburgers had been cooked "medium rare." All five family members who ate the hamburgers reported diarrhea; the index patient and her mother had bloody diarrhea. *E. coli* O157:H7 was isolated from leftover ground beef from the same package used to make the hamburgers.

Two additional cases of culture-confirmed *E. coli* O157:H7 infection occurred in persons residing in the same community: an 18-year-old man who had onset of bloody diarrhea on July 18 and an 84-year-old woman with diabetes mellitus and chronic uremia who developed nonbloody diarrhea on July 10. Both persons reported having eaten hamburger purchased at market A on July 3. Two family members of the man and one family member of the woman also developed nonbloody diarrhea after eating the hamburger. Although no patients developed hemolytic uremic syndrome (HUS), the elderly woman died 3 weeks after hospitalization; her death was attributed to her chronic renal disease.

Media announcements from MCPHD requested persons who had experienced bloody diarrhea during July to contact the department. Of five persons who reported

Escherichia coli — Continued

having had bloody diarrhea, four submitted stool for culture. Although all were negative, the cultures had been obtained 11–26 days after onset of diarrhea. Reviews of the emergency department log of the district hospital for July 1–22 did not identify additional cases of bloody diarrhea.

Environmental health staff from MCPHD and staff from the U.S. Department of Agriculture (USDA) inspected market A and the other two markets in the community that sold ground meat (markets B and C) but did not identify violations in meat storage or grinding procedures. Shelf samples of ground beef from all three markets were obtained for testing. The owner of market A also initiated a voluntary recall of all ground beef purchased at that market during June 25–July 19; as a result, 91 packages of ground beef were returned.

Of the 15 samples of ground beef obtained from market A and tested, four were positive for *E. coli* O157:H7. All positive samples had been placed on the shelves on July 3. Of 16 samples from market B, one was positive for *E. coli* O157:H7. None of seven samples obtained from market C were positive. The packages placed on the shelf of market A on July 3 were obtained from "chubs," which are large tubes of ground beef purchased from an outside supplier. The market often reground the meat in its own grinder and sometimes added "trim meat" from other sources. A traceback of the meat was not performed.

Because the isolates produced an uninterpretable pattern by pulsed-field gel electrophoresis, selected isolates were further characterized by phage typing at the National Laboratory for Enteric Pathogens, Laboratory Center for Disease Control, in Ottawa. Phage type 31 was identified in the three patient isolates, the leftover ground beef obtained from the freezer of the index patient's family, and the two isolates selected for testing from market A. The sample from market B (which was not implicated in the outbreak) was phage type 4.

Following the investigation, MCPHD provided information to all county meat markets about optimal meat-grinding procedures and issued a press release advising consumers to cook ground beef thoroughly.

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Editorial Note: *E. coli* O157:H7 was first described as a pathogen in humans in 1982 following the investigation of two outbreaks of illness that were associated with consumption of hamburger from a fast-food restaurant chain (1). Since then, more than 12 outbreaks have been reported in the United States (2). Although other investigations have implicated consumption of undercooked ground beef, less commonly identified sources of *E. coli* O157:H7 infection have included roast beef, unpasteurized milk, apple cider, and municipal water (2,3). Person-to-person transmission in child day care centers also has been documented (4).

E. coli O157:H7 infection causes diarrhea (often bloody) and abdominal cramps; fever is infrequent. Infection with *E. coli* O157:H7 is a relatively common cause of sporadic diarrheal illness: in prospective studies of patients with diarrhea, *E. coli*

Escherichia coli — Continued

O157:H7 has been isolated more frequently than *Shigella* (2). Children and the elderly are at highest risk for clinical manifestations and complications. Although illness usually resolves within 1 week, 5%–10% of patients develop HUS, which is characterized by hemolytic anemia, thrombocytopenia, and renal failure. HUS is a common cause of acute renal failure in children, and the case-fatality rate is 3%–5%.

Sporadic cases and small outbreaks of *E. coli* O157:H7 infection similar to the cluster described in this report probably occur throughout the United States but are not recognized. Many clinical health-care providers do not routinely order stool cultures for patients with diarrhea. Even when stool cultures are ordered, clinicians may not be aware that most laboratories do not culture stools for *E. coli* O157:H7 using sorbitol-MacConkey medium unless specifically requested (*5*).

The findings in this report illustrate the usefulness of subtyping in distinguishing outbreak strains of *E. coli* O157:H7 from those present in the community but unassociated with an outbreak. There are at least 62 known phage types of *E. coli* O157:H7. In Canada, where phage typing is the predominant subtyping method used, phage type 31 accounts for 9% of isolates tested (*6*).

E. coli O157:H7 may be present in the intestines of healthy cattle and may contaminate meat during slaughter. The process of grinding beef may then transfer pathogens from the surface of the meat to the interior.

Because of the publicity generated by large restaurant-associated outbreaks, many persons associate infections caused by *E. coli* O157:H7 with restaurant-served ground beef. However, the outbreak in Mendocino County emphasizes that home-cooked hamburgers can be a source of infection and underscores the need to cook ground beef until the interior is no longer pink and juices run clear; thorough cooking kills *E. coli* O157:H7. On March 28, 1994, the USDA Food Safety and Inspection Service published regulations mandating that safe handling instructions be included on all raw meat and poultry product labeling.* These regulations include instructions to cook meat thoroughly.

In June 1993, the Council of State and Territorial Epidemiologists (CSTE) passed a resolution that reporting of *E. coli* O157:H7 infections should be required in all states. As of October 1, 1993, however, only 17 states required *E. coli* O157:H7 infection to be reported to state health departments (G.S. Birkhead, M.D., CSTE, personal communication, 1994). CDC is working with state health departments to establish national surveillance for *E. coli* O157:H7 infections. National surveillance and increased laboratory testing for *E. coli* O157:H7 will assist in defining the public health impact of this emerging pathogen.

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Escherichia coli — Continued

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Emerging Infectious Diseases

Prevalence of Penicillin-Resistant Streptococcus pneumoniae — Connecticut, 1992–1993

Streptococcus pneumoniae is an important cause of community-acquired bacterial pneumonia, meningitis, acute otitis media, and other infections (1). Infants, young children, and the elderly are most severely affected by pneumococcal disease (2). Although *S. pneumoniae* was once considered to be routinely susceptible to penicillin, since the mid-1980s the incidence of resistance of this organism to penicillin and other antimicrobial agents has been increasing in the United States (1–4). National surveillance for drug-resistant *S. pneumoniae* (DRSP) is limited to testing invasive isolates from sentinel hospitals in 13 states. To determine the extent of antimicrobial susceptibility testing of *S. pneumoniae* and the prevalence of penicillin resistance among pneumococcal isolates from July 1992 through June 1993, in August 1993 the Connecticut Department of Public Health and Addiction Services (DPHAS) surveyed all 44 hospitals with clinical microbiology laboratories in Connecticut. This report summarizes the results of that survey.

Hospital laboratories were asked whether pneumococcal isolates were tested for resistance to penicillin, which isolates were tested, which tests were used, the number of isolates tested from different body sites from July 1992 through June 1993, and the minimal inhibitory concentrations (MICs) for any resistant isolates. Forty-three (98%) of 44 hospital laboratories responded.

Of the 43 hospital laboratories, 33 reported performing antimicrobial susceptibility tests on pneumococcal isolates, nine sent pneumococcal isolates to other laboratories for testing, and one neither performed such tests on pneumococcal isolates nor sent isolates to other laboratories for testing.

In 15 of the 33 laboratories, penicillin susceptibility testing was limited to qualitative disk diffusion (using an oxacillin disk). Nine laboratories screened pneumococcal isolates by disk diffusion, then confirmed penicillin resistance by determination of a quantitative MIC. Nine laboratories determined the penicillin MIC for all pneumococcal isolates.

MIC data were provided by 14 of the 18 laboratories that performed such tests for pneumococcal isolates. MICs were reported for 846 isolates collected during July 1992–June 1993. Penicillin resistance was defined as MIC $\geq 0.1 \,\mu$ g/mL, and high-level resistance was defined as MIC $\geq 2.0 \,\mu$ g/mL (5). Penicillin-resistant isolates were reported from four of 14 hospitals. Eighteen isolates (2.1%) from any body site were penicillin resistant, including five (1.3%) of 400 isolates from usually sterile sites.

Streptococcus pneumoniae - Continued

Overall, three isolates (one each from blood, sputum, and nasal fluid) were highly resistant. Two of these isolates had penicillin MICs \geq 4.0 µg/mL.

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Editorial Note: The spread of DRSP strains may increase the public health impact of *S. pneumoniae* infections because of increased morbidity and reductions in the effectiveness of antimicrobial treatment for pneumococcal disease. Of special concern is resistance to extended-spectrum cephalosporins, which are often used as empiric therapy for meningitis (*3*).

During 1979–1987, only one (0.02%) of 4585 pneumococcal sterile-site isolates submitted to CDC's sentinel hospital surveillance system were highly resistant to penicillin; in comparison, during 1992, seven (1.3%) of 544 such isolates were highly resistant (4,6). In some pediatric populations, up to 30% of pneumococcal isolates are penicillin resistant at some level, with a substantial proportion of strains resistant to multiple drugs (3). Although information regarding resistance to other antimicrobial drugs was unavailable in the Connecticut survey, the overall prevalence of penicillin-resistant strains in Connecticut was low through June 1993. However, resistant pneumococcal strains can spread rapidly in communities (7,8), and DPHAS is conducting surveillance for antimicrobial resistance.

Because penicillin susceptibility cannot be assumed, pneumococcal isolates associated with disease should be screened routinely for penicillin resistance by disk diffusion using a 1-µg oxacillin disk (9), which is highly sensitive—although not 100% specific—for penicillin resistance. Screening cannot reliably quantify the degree of penicillin resistance; therefore, pneumococcal isolates with oxacillin zone sizes \leq 19 mm should be further tested by determination of MICs for penicillin (9), as well as for other drugs likely to be used in treatment. Some pneumococci with either intermediate or high-level penicillin resistance also may be resistant to extended-spectrum cephalosporins; therefore, penicillin-resistant isolates should be tested by MIC for susceptibility to either ceftriaxone or cefotaxime (3,5).

To optimize empiric regimens and initial therapy for pneumococcal infections, clinical health-care providers must be informed about the prevalence and patterns of drug resistance among isolates in their communities. Statewide surveillance for DRSP as a notifiable condition has been initiated in Colorado, Connecticut, and New Jersey. CDC, in collaboration with the Council of State and Territorial Epidemiologists and the Association of State and Territorial Public Health Laboratory Directors, is developing strategies for collecting information on pneumococcal drug resistance in other states and for preventing morbidity and death associated with infection with resistant strains (*3*). Because antimicrobial susceptibility testing should be conducted routinely on invasive pneumococcal isolates, emphasis must be placed on developing methods to compile and analyze results, alerting health-care providers in communities in which resistant pneumococcal strains are prevalent, and identifying areas requiring more intensive epidemiologic assessment.

In areas where pneumococci resistant to extended-spectrum cephalosporins are prevalent, empiric therapy with vancomycin and an extended-spectrum

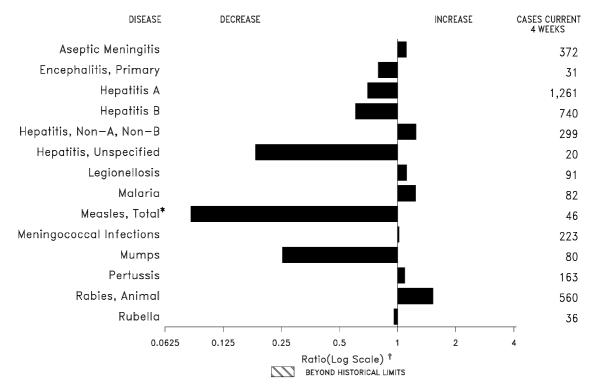


FIGURE I. Notifiable disease reports, comparison of 4-week totals ending March 26, 1994, with historical data — United States

* The large apparent decrease in reported cases of measles (total) reflects dramatic fluctuations in the historical baseline.

[†]Ratio of current 4-week total to mean of 15 4-week totals (from previous, comparable, and subsequent 4-week periods for the past 5 years). The point where the hatched area begins is based on the mean and two standard deviations of these 4-week totals.

	Cum. 1994		Cum. 1994
AIDS* Anthrax Botulism: Foodborne Infant Other Brucellosis Cholera Congenital rubella syndrome Diphtheria Encephalitis, post-infectious Gonorrhea Haemophilus influenzae (invasive disease) [†]	Cum. 1994 10,369 - 7 14 4 9 1 3 - 22 77,971 259	Measles: imported indigenous Plague Poliomyelitis, Paralytic [§] Psittacosis Rabies, human Syphilis, primary & secondary Syphilis, congenital, age < 1 year Tetanus Toxic shock syndrome Trichinosis Tuberculosis	Cum. 1994 7 84 - - 4,338 - 5 49 22 3,426
Hansen Disease Leptospirosis Lyme Disease	259 20 6 594	Tularemia Typhoid fever Typhus fever, tickborne (RMSF)	3,426 2 62 22

TABLE I. Summary — cases of specified notifiable diseases, United States, cumulative, week ending March 26, 1994 (12th Week)

*Updated monthly; last update February 22, 1994. [†]Of 244 cases of known age, 77 (32%) were reported among children less than 5 years of age. [§]No cases of suspected poliomyelitis have been reported in 1994; 3 cases of suspected poliomyelitis have been reported in 1993; 4 of the 5 suspected cases with onset in 1992 were confirmed; the confirmed cases were vaccine associated.

MMWR

		Acontio	Encent	Encephalitis					/iral), by t	type			
Reporting Area	AIDS*	Aseptic Menin- gitis	Primary	Post-in- fectious	Gono	rrhea	A	B	NA,NB	Unspeci- fied	Legionel- losis	Lyme Disease	
	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1993	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1994	
UNITED STATES	10,369	1,035	121	22	77,971	89,722	4,124	2,392	997	79	304	594	
NEW ENGLAND	483	44	5	1	1,856	1,935	69	98	31	12	12	81	
Maine N.H.	21 18	4 1	1	- 1	14	24 16	9 2	2 4	- 5	-	-	- 3	
Vt.	6	3	-	-	6	11	-	-	-	-	-	1	
Mass. R.I.	246 66	16 20	3 1	-	702 98	723 99	33 12	90 2	19 7	12	9 3	43 15	
Conn.	126	-	-	-	1,036	1,062	13	-	-	-	-	19	
MID. ATLANTIC	3,752 167	80	12	6	7,546	9,417	187 85	205 89	125	2	34 11	373	
Upstate N.Y. N.Y. City	2,881	38 1	6	1	2,021 1,980	1,629 3,355	85 4	89 5	65	-	-	219	
N.J. Pa.	451 253	- 41	- 6	- 5	1,155	1,447 2,986	65 33	72 39	50 10	- 2	6 17	56 98	
F.a. E.N. CENTRAL	785	199	39	5 7	2,390 14,528	18,469	386	232	63	2	91	90 7	
Ohio	137	55	15	-	5,767	5,821	135	50	2	-	51	7	
Ind. III.	41 490	48 21	2 7	- 1	1,954 2,544	1,842 5,719	86 73	46 20	2 1	- 1	13 4	-	
Mich.	102	72	15	6	2,344 3,902	3,568	64	88	56	1	19	-	
Wis.	15	3	-	-	361	1,519	28	28	2	-	4	-	
W.N. CENTRAL	132 27	69 3	5 1	1	4,211 810	4,923 652	191 34	113 10	50 1	2	41	7 4	
Minn. Iowa	13	3 27	-	-	328	435	34 7	8	2	- 1	- 16	4	
Mo.	36	15	- 1	-	2,245	2,724	108	82	45	1	17	-	
N. Dak. S. Dak.	1 3	1	1	-	28	13 39	1 9	-	-	-	-	-	
Nebr.	12	1	1	1	-	169	20	2	-	-	7	-	
Kans.	40	22 267	1 18	- 5	800 24,080	891 23,720	12 293	11 636	2 267	- 10	1 62	2 101	
S. ATLANTIC Del.	2,213 35	207	-	-	401	319	293	11	19	-	1	40	
Md.	163	39	4	-	4,262	3,922	37	75	11	3	17	13	
D.C. Va.	166 94	6 37	- 8	- 1	1,964 3,223	1,347 1,511	8 34	13 26	- 13	- 1	- 2	- 11	
W. Va.	4	5	-	-	171	156	3	6	8	-	1	3	
N.C. S.C.	187 90	45 5	6	-	5,968 2,961	5,523 2,166	25 7	78 11	17	-	6 1	17	
Ga.	291	9	-	-	-	3,320	33	291	152	-	21	16	
Fla. E.S. CENTRAL	1,183 177	120 73	- 10	4 1	5,130 9,941	5,456 8,760	142 108	125 273	47 196	6 1	13 16	1 3	
Ky.	44	30	4	1	1,055	1,104	50	12	4	-	1	1	
Tenn.	53	20	5	-	2,863	1,973	31	243	190	1	9	1	
Ala. Miss.	50 30	18 5	1	-	3,660 2,363	3,388 2,295	13 14	18	2	-	4 2	1	
W.S. CENTRAL	1,255	54	5	-	9,047	11,242	604	247	72	16	8	4	
Ark. La.	23 122	4 1	- 1	-	1,745 3,205	2,092 2,452	8 18	5 27	1 17	-	1	-	
Okla.	19	-	-	-	494	718	52	80	45	-	7	4	
Tex.	1,091	49	4	-	3,603	5,980	526	135	9	16	-	-	
MOUNTAIN Mont.	184 4	23	2	-	1,758 28	2,688 13	747 8	110 6	75	5	21 9	4	
Idaho	1	1	-	-	16	26	81	20	31	1	-	1	
Wyo. Colo.	- 62	- 6	-	-	25 539	18 928	5 36	5 4	18 6	- 2	1 1	-	
N. Mex.	21	4	-	-	238	275	244	44	5	2	1	3	
Ariz. Utah	45 11	6 2	-	-	351 78	887 72	226 104	14 7	4 7	-	1	-	
Nev.	40	4	2	-	483	469	43	10	4	-	8	-	
PACIFIC	1,388	226	25	1	5,004	8,568	1,539	478	118	29	19	14	
Wash.	157 63	-	-	-	734 263	913 350	85 84	21 12	19 2	- 1	5	-	
Oreg. Calif.	1,111	183	24	-	3,638	7,086	1,301	424	93	26	13	14	
Alaska Hawaii	8 49	4 39	1	- 1	190 179	120 99	58 11	4 17	- 4	- 2	- 1	-	
Guam	47		-	-	179	23	-		4	<u>ک</u>	-	-	
P.R.	209	4	-	-	117	110	8	56	13	2	-	-	
V.I. Amer. Samoa	5	-	-	-	8 7	20 7	- 2	1	-	-	-	-	
C.N.M.I.	1		-	-	, 14	, 15	1		-	-	-	-	

TABLE II. Cases of selected notifiable diseases, United States, weeks endingMarch 26, 1994, and March 27, 1993 (12th Week)

N: Not notifiable U: Unavailable C.N.M.I.: Commonwealth of Northern Mariana Islands

*Updated monthly; last update February 22, 1994.

		Measles (Rubeola)					Menin-								
Reporting Area	Malaria	Indigenous		Impo	orted*	Total	gococcal Infections	Mu	mps	F	Pertussi	s		Rubell	а
	Cum. 1994	1994	Cum. 1994	1994	Cum. 1994	Cum. 1993	Cum. 1994	1994	Cum. 1994	1994	Cum. 1994	Cum. 1993	1994	Cum. 1994	Cum. 1993
UNITED STATES	215	24	84	1	7	79	774	20	270	28	718	706	21	82	46
NEW ENGLAND		1	5	-	-	43	48	-	8	3	57	185	14	57	1
Maine N.H.	1 3	-	-	-	-	-	6 1	-	3 2	- 1	2 18	3 88	-	-	1
Vt. Mass.	1 7	- 1	- 2	-	-	24 10	1 20	-	-	- 2	7 24	28 58	- 14	- 57	-
R.I.	4	-	3	-	-	1	-	-	1	-	2	2	-	-	-
Conn. MID. ATLANTIC	8	-	-	-	-	8	20	-	2	-	4	6	-	-	-
Upstate N.Y. N.Y. City	26 8 1	18 -	21 2 1	1 - -	2	6 1 1	61 28	-	24 3	8 6 2	175 64 34	110 37 2	-	4	15 1 7
N.J.	13	18	18	1	1	4	16	-	-	-	-	27	-	-	6
Pa.	4	U	-	U	1	-	17	U	21	U	77	44	U	-	1
E.N. CENTRAL Ohio	21 3	-	3	-	1	-	117 29	2	48 8	1	113 54	163 67	3	5	1
Ind.	6	-	1	-	-	-	25	-	2	1	16	8	-	-	-
III. Mich.	3 8	-	-	-	-	-	37 13	2	22 16	-	11 21	20 9	- 3	2 3	-
Wis.	1	-	2	-	1	-	13	-	-	-	11	59	-	-	1
W.N. CENTRAL Minn.	10 4	-	-	-	-	-	59 5	1	10	-	21 8	26	-	-	1
lowa	3	-	-	-	-	-	5	-	3	-	1	-	-	-	-
Mo. N. Dak.	2	-	-	-	-	-	33	1	6 1	-	5	12 1	-	-	1
S. Dak.	-	-	-	-	-	-	4	-	-	-	-	1	-	-	-
Nebr. Kans.	- 1	-	-	-	-	-	3 9	-	-	-	1 6	4 8	-	-	-
S. ATLANTIC	61	1	7	-	-	13	134	2	50	9	110	47	-	5	3
Del. Md.	2 27	-	-	-	-	- 1	- 10	-	- 8	- 2	- 35	- 21	-	-	1 1
D.C.	7	-	-	-	-	-	1	-	-	1	3	-	-	-	-
Va. W. Va.	8	-	1	-	-	1	19 6	1	11 2	1	13 1	3 1	-	-	-
N.C. S.C.	1 1	-	-	-	-	-	25 5	1	17 5	- 1	31 8	8	-	-	-
Ga.	7	-	-	-	-	-	18	-	2	-	6	2 8	-	-	-
Fla.	8	1	6	-	-	11	50	-	5	4	13	4	-	5	1
E.S. CENTRAL Ky.	5	1	24	-	-	-	58 14	-	4	-	22 2	30 7	-	-	-
Tenn.	3	1	24	-	-	-	13	-	-	-	13	14	-	-	-
Ala. Miss.	1	-	-	-	-	-	25 6	-	- 4	-	7	7 2	-	-	-
W.S. CENTRAL Ark.	6	-	5	-	1	1	99 10	14	70	1	25	11	4	4	8
La.	-	-	-	-	-	- 1	16	-	- 4	1	2	4	-	-	-
Okla. Tex.	1 5	2	- 5	-	- 1	-	8 65	6 8	20 46	-	20 3	7	4	4	1 7
MOUNTAIN	4	3	11	-	-	2	50	-	7	5	40	42	-	-	4
Mont. Idaho	- 2	-	-	-	-	-	2	-	- 2	-	2	- 9	-	-	- 1
Wyo.	-	-	1	-	-	-	10 2	-	3	4	20	9 1	-	-	1
Colo. N. Mex.	- 1	-	-	:	-	2	3 4	N	- N	1	6 3	12 13	-	-	-
Ariz.	-	-	-	-	-	-	17	-	-	-	6	3	-	-	-
Utah Nev.	1	3	10	-	-	-	8 4	-	1 3	-	3	4	-	-	2 1
PACIFIC	58	-	8	-	3	14	148	1	49	1	155	92	-	7	13
Wash. Oreg.	1 2	-	-	-	-	-	13 17	N	2 N	-	11 16	6	-	-	- 1
Calif.	46	-	8	-	3	3	113	1	42	1	122	81	-	- 7	7
Alaska Hawaii	- 9	-	-	-	-	- 11	1 4	-	2 3	-	- 6	1	-	-	1 4
Guam	-	U	1	U	-	-	-	U	-	U	-	-	U	-	-
P.R.	-	-	5	-	-	90	2	-	2	-	-	-	-	-	-
V.I. Amer. Samoa	-	-	-	-	-	-	-	-	-1	-	- 1	- 2	-	-	-
C.N.M.I.	1	U	23	U	-	-	-	U	-	U	-	-	U	-	-

TABLE II. (Cont'd.) Cases of selected notifiable diseases, United States, weeks ending March 26, 1994, and March 27, 1993 (12th Week)

*For measles only, imported cases include both out-of-state and international importations. N: Not notifiable U: Unavailable [†] International [§] Out-of-state

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Reporting Area	Syphilis (Primary & Secondary) ea		Toxic- Shock Syndrome	Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies, Animal	
	Cum. 1994	Cum. 1993	Cum. 1994	Cum. 1994	Cum. 1993	Cum. 1994	Cum. 1994	Cum. 1994	Cum. 1994	
UNITED STATES	4,338	6,505	49	3,426	3,650	2	62	22	1,181	
NEW ENGLAND	46	105	1	77	37	-	8	1	388	
Maine N.H.	1	2 12	-	- 2	5 3	-	-	-	- 52	
Vt.	-	-	-	-	-	-	-	-	36	
Mass. R.I.	12 5	45 2	1	36 8	8	-	4 1	1	151 5	
Conn.	28	44	-	31	- 21	-	3	-	144	
MID. ATLANTIC	278	534	8	489	795	-	12	-	111	
Upstate N.Y.	29	61	5	47	111	-	2	-	-	
N.Y. City N.J.	153 40	361 74	-	288 106	488 100	-	4 6	-	- 71	
Pa.	56	38	3	48	96	-	-	-	40	
E.N. CENTRAL	508	1,045	17	383	448	-	10	2	2	
Ohio Ind.	233 63	289 91	6 1	56 30	58	-	1 1	1	-	
III.	112	391	4	210	43 257	-	5	-	-	
Mich.	73	152	6	77	73	-	3	1	-	
Wis.	27	122	-	10	17	-	-	-	2	
W.N. CENTRAL Minn.	270 13	419 26	7	84 24	66	2	-	1	31 1	
lowa	13	25	5	7	5	-	-	1	14	
Mo.	228	336	1	40	34	2	-	-	4	
N. Dak. S. Dak.	-	-	-	1 6	3 6	-	-	-	- 1	
Nebr.	-	7	1	-	5	-	-	-	-	
Kans.	16	25	-	6	13	-	-	-	11	
S. ATLANTIC Del.	1,343	1,743 31	1	573	565 9	-	13	15	412 4	
Md.	6 59	95	-	56	79	-	2	-	142	
D.C.	62	86	-	28	24	-	1	-	1	
Va. W. Va.	166 6	145 1	-	66 20	115 19	-	-	1	85 13	
N.C.	445	456	-	75	79	-	-	7	42	
S.C. Ga.	154 216	299 314	-	97 209	84 156	-	-	- 7	37 80	
Fla.	229	314	- 1	209	-	-	10	-	8	
E.S. CENTRAL	928	716	1	184	247	-	-	1	34	
Ky.	64	66	-	59	63	-	-	-	-	
Tenn. Ala.	224 160	147 195	1	1 94	38 103	-	-	-	9 25	
Miss.	480	308	-	30	43	-	-	1	-	
W.S. CENTRAL	900	1,529	-	347	265	-	2	1	132	
Ark.	125 478	281 560	-	55	27	-	- 1	-	7 14	
La. Okla.	15	87	-	29	25	-	-	- 1	14	
Tex.	282	601	-	263	213	-	1	-	98	
MOUNTAIN	55	57	2	97	116	-	5	-	17	
Mont. Idaho	- 1	-	- 1	- 6	- 2	-	-	-	-	
Wyo.	-	1	-	3	-	-	-	-	5	
Colo. N. Mex.	34 5	20 12	1	1 15	11 10	-	2	-	-	
Ariz.	10	22	-	50	58	-	-	-	12	
Utah	5	1 1	-	- 22	8 27	-	1	-	-	
Nev. PACIFIC	- 10	357	- 12	22 1,192	27 1,111	-	2 12	- 1	- 54	
Wash.	7	357 11	-	45	47	-	12	-	54	
Oreg.	2	22	-	30	13	-	-	-	-	
Calif. Alaska	-	322 1	9	1,050 14	980 8	-	10	1	37 17	
Hawaii	- 1	1	3	53	63	-	1	-	-	
Guam	-	-	-	7	16	-	-	-	-	
P.R.	73	141	-	-	44	-	-	-	17	
V.I. Amer. Samoa	4	13	-	-	2 1	-	- 1	-	-	
C.N.M.I.	1	-	-	13	6	-	-	-	-	

TABLE II. (Cont'd.) Cases of selected notifiable diseases, United States, weeks ending March 26, 1994, and March 27, 1993 (12th Week)

U: Unavailable

	All Causes, By Age (Years)				All Causes, By Age (Years)										
Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total	Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	P&I [†] Total
NEW ENGLAND Boston, Mass. Bridgeport, Conn. Cambridge, Mass. Fall River, Mass. Hartford, Conn. Lowell, Mass. Lynn, Mass. New Bedford, Mass. New Haven, Conn. Providence, R.I. Somerville, Mass. Springfield, Mass. Waterbury, Conn.	615 189 42 27 33 43 22 15 5. 33 46 41 70 40 26	429 116 33 25 24 28 12 12 30 30 30 5 25 25 18	109 40 5 10 4 10 4 10 5 10 2 10 6	48 23 2 1 2 4 2 2 5 1 3 1	15 5 - 1 3 - 4 - -	14 5 - 2 - 1 - 2 - 2 1	45 17 2 3 1 - 1 2 2 3 4 - 2	S. ATLANTIC Atlanta, Ga. Baltimore, Md. Charlotte, N.C. Jacksonville, Fla. Miami, Fla. Norfolk, Va. Richmond, Va. Savannah, Ga. St. Petersburg, Fla. Tampa, Fla. Washington, Del.	186 196 18	814 121 62 74 63 25 36 27 56 116 106 17	286 46 32 20 30 24 7 25 8 7 32 55 -	159 27 17 11 4 10 6 24 8 4 24 8 4 23 1	64 7 10 1 3 11 2 9 1 2 12 6	32 11 2 1 3 1 3 2 2 6	92 6 13 8 7 5 12 5 6 23 7 7
Worcester, Mass. MID. ATLANTIC Albany, N.Y. Allentown, Pa. Buffalo, N.Y. Camden, N.J. Elizabeth, N.J. Erie, Pa.§	51 2,839 50 29 100 27 30 56	41 1,854 38 26 72 15 18 43	7 541 6 2 18 7 10 11	2 308 3 1 5 4 1 1	- 72 - 3 1 1 1	1 62 2 - 2 -	8 136 4 - 2 2 4 1	E.S. CENTRAL Birmingham, Ala. Chattanooga, Tenn. Knoxville, Tenn. Lexington, Ky. Memphis, Tenn. Mobile, Ala. Montgomery, Ala. Nashville, Tenn.	854 135 73 93 78 178 122 40 135	550 80 53 64 51 112 73 28 89	198 31 16 24 20 42 33 7 25	65 16 2 3 3 14 10 4 13	25 5 2 4 6 3 1 4	16 3 - 2 - 4 3 - 4	71 7 5 12 5 15 8 - 19
Jersey City, N.J. New York City, N.Y. Newark, N.J. Paterson, N.J. Philadelphia, Pa. Pittsburgh, Pa.§ Reading, Pa. Rochester, N.Y. Schenectady, N.Y. Scranton, Pa.§ Syracuse, N.Y. Trenton, N.J. Utica, N.Y. Yonkers, N.Y.	43	30 854 36 22 390 43 3 86 24 21 74 22 8 29	298 17 9 8 10 3 24 6 4 7 1 2 3	5 203 10 4 43 4 3 12 - 5 2 1 1	1 40 1 11 11 1 - - - - - 1	2 24 6 14 2 1 4 - 5 -	57 3 37 5 1 7 - 9 1 2	W.S. CENTRAL Austin, Tex. Baton Rouge, La. Corpus Christi, Tex. Dallas, Tex. El Paso, Tex. Ft. Worth, Tex. Houston, Tex. Little Rock, Ark. New Orleans, La. San Antonio, Tex. Shreveport, La. Tulsa, Okla.	1,594 92 75		312 16 7 9 38 15 24 97 18 17 25 21 25	161 14 3 1 24 7 14 44 11 17 15 4 7	54 2 3 1 8 1 3 11 5 8 8 3 1	46 2 1 5 2 8 11 4 6 3 2	94 7 4 1 3 3 45 3 11 11 3
E.N. CENTRAL Akron, Ohio Canton, Ohio Chicago, III. Cincinnati, Ohio Cleveland, Ohio Columbus, Ohio Dayton, Ohio Detroit, Mich. Evansville, Ind. Fort Wayne, Ind. Gary, Ind. Grand Rapids, Mich Indianapolis, Ind. Madison, Wis. Peoria, III. Rockford, III. South Bend, Ind. Toledo, Ohio Youngstown, Ohio	2,146 63 41 310 142 2167 251 569 529 222 1. 37 160 633 126 45 58 46 108 75	$\begin{array}{c} 1,369\\ 50\\ 30\\ 119\\ 94\\ 113\\ 142\\ 82\\ 151\\ 38\\ 40\\ 8\\ 23\\ 89\\ 43\\ 98\\ 34\\ 43\\ 98\\ 34\\ 40\\ 30\\ 83\\ 62\\ \end{array}$	392 6 7 50 28 44 17 56 15 7 1 13 19 5 1 13 19 5 1 1 9	202 3 2 61 12 12 12 7 31 3 2 6 3 19 2 6 4 4 3 7 3	77 4 31 35 5 1 4 2 2 1 2 4 2 1 2 1 4 1 4 1	106 1 49 5 9 7 - 9 1 - 2 2 7 3 2 - 2 4 3 - 2 4 3 -	137 4 27 19 5 13 7 5 3 3 4 8 7 13 3 4 8 7 13 3 4 8 3 1	MOUNTAIN Albuquerque, N.M. Colo. Springs, Colo Denver, Colo. Las Vegas, Nev. Ogden, Utah Phoenix, Ariz. Pueblo, Colo. Salt Lake City, Utah Tucson, Ariz. PACIFIC Berkeley, Calif. Fresno, Calif. Glendale, Calif. Honolulu, Hawaii Long Beach, Calif. Pasadena, Calif. Pasadena, Calif. Sacramento, Calif. San Diego, Calif. San Francisco, Calif.	45 99 127 19 184 31 19 157 1,872 19 59 34 73 96 573 31 147 U 148	568 48 30 68 89 16 120 23 61 113 1,283 13 31 31 30 44 72 381 23 108 U 98 101	153 12 9 15 29 3 17 15 32 295 3 16 2 20 9 89 7 21 U 26 21	61 9 3 5 - 1 9 7 212 2 5 2 6 10 74 1 15 U 21 34	18 3 - 2 3 46 - 3 2 17 - U 2 3	28 2 3 8 2 - 6 - 5 2 30 1 4 - 3 6 - 3 U 1 4	64 2 5 9 2 17 1 9 10 121 3 5 1 4 16 27 2 2 U 12 6
W.N. CENTRAL Des Moines, Iowa Duluth, Minn. Kansas City, Kans. Kansas City, Ko. Lincoln, Nebr. Minneapolis, Minn. Omaha, Nebr. St. Louis, Mo. St. Paul, Minn. Wichita, Kans.	650 22 18 20 115 18 155 75 130 37 60	448 15 12 78 13 119 52 89 25 30	13 16 9	61 3 1 12 3 12 4 14 1 7	20 - - 1 - 4 5 1 5	15 1 - 1 2 6 1 3	32 2 6 1 2 7 5 5 2 2	San Jose, Calif. Santa Cruz, Calif. Seattle, Wash. Spokane, Wash. Tacoma, Wash.	178 36 156 58 101 12,754 ¹	128 29 101 45 79	28 2 26 9 16	14 3 17 3 5	4 2 8 1 1 391	4 4 - - 349	17 3 7 4 12 792

TABLE III. Deaths in 121 U.S. cities,* week ending March 26, 1994 (12th Week)

*Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

[†]Pneumonia and influenza.

⁹Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks. ¹Total includes unknown ages.

U: Unavailable.

Streptococcus pneumoniae - Continued

cephalosporin should be considered for cases of life-threatening infection (e.g., meningitis) potentially caused by *S. pneumoniae* until results of culture and susceptibility testing are known. The emergence of drug-resistant pneumococcal infections underscores the need for adherence to recommendations of the Advisory Committee on Immunization Practices that persons aged ≥ 2 years with medical conditions placing them at increased risk for serious pneumococcal infection and all persons aged ≥ 65 years should receive 23-valent pneumococcal capsular polysaccharide vaccine (10); no pneumococcal vaccine is licensed for children aged <2 years.

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- 10. ACIP. Pneumococcal polysaccharide vaccine. MMWR 1989;38:64-8,73-6.

International Notes

Progress Toward Poliomyelitis Eradication — Egypt, 1993

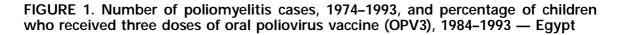
Since 1990, the Ministry of Health in Egypt has directed efforts toward achieving poliomyelitis eradication by the end of 1994. To achieve this goal, the Egyptian Expanded Program on Immunization (EPI) has progressively implemented each of four World Health Organization (WHO)-recommended strategies: 1) increasing and sustaining routine coverage with oral poliovirus vaccine (OPV); 2) conducting National Immunization Days (NIDs); 3) developing surveillance for acute flaccid paralysis (AFP),

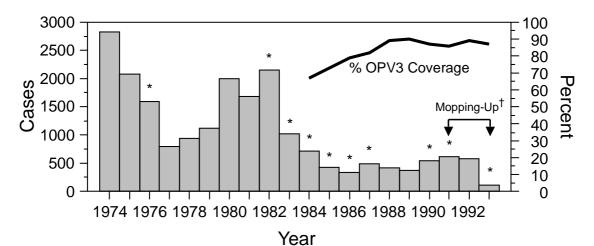
Poliomyelitis — Continued

including laboratory confirmation of cases; and 4) instituting "mopping-up" vaccination (i.e., house-to-house administration of two doses of OPV at an interval of 4–6 weeks to all children aged <3 years who reside in areas where risk for wild poliovirus transmission is highest). This report summarizes the poliomyelitis eradication effort in Egypt based on a program review conducted during November 20–30, 1993, by the Egyptian Ministry of Health; Cairo University; the High Institute for Public Health in Alexandria, Egypt; WHO; Rotary International; and CDC.

Routine vaccination coverage with all EPI target disease vaccines (bacille Calmette-Guérin [BCG], diphtheria and tetanus toxoids and pertussis vaccine [DTP], measles, and OPV) increased substantially following the acceleration of activities in 1984, and coverage has remained high. The routine OPV vaccination schedule consists of doses at ages 2, 4, 6, 9, and 18 months. Reported vaccination coverage with three doses of OPV in children aged <1 year increased from 67% in 1984 to 90% in 1989 and has ranged from 87% to 89% during 1990–1993 (Figure 1). From 1984 to 1990, routine vaccination coverage with the other EPI target disease vaccines also increased (BCG: 53% to 89%; three doses of DTP: 57% to 87%; and measles vaccine: 41% to 87%), and since 1990, coverage with these vaccines has remained high.

In addition to the routine vaccination program, supplemental vaccination activities have been used to achieve poliomyelitis eradication goals. NIDs have been conducted intermittently since 1976, and the level of activity increased from 1990–1991, when a single dose of OPV was administered annually to approximately 8.5–8.7 million children aged <5 years, to January–February 1993, when 17 million doses were administered in two separate rounds to approximately 8.4–8.6 million children (Figure 1). Mopping-up vaccination activities also have been used since 1991 (Figure 1). High-risk districts are designated on the basis of low vaccination coverage and confirmed poliomyelitis cases during the preceding 5 years. During 1991–1992, 6 million





*National Immunization Days held during the year.

[†]House-to-house administration of two doses of oral poliovirus vaccine at an interval of 4–6 weeks to all children aged <3 years who reside in areas where risk for wild poliovirus transmission is highest.

Poliomyelitis — Continued

doses of OPV were administered during more than 100 districtwide mopping-up operations.

AFP surveillance was initiated in August 1990, and a policy of regular zero reporting (i.e., reporting even if no cases occurred) from all reporting sites was instituted in January 1992. In April 1992, AFP case investigation was intensified with emphasis on proper collection of two stool specimens for virus isolation. Despite increased surveillance, the reported number of cases of confirmed poliomyelitis decreased from 619 cases in 1991 to 115 cases in 1993 (Figures 1 and 2). In 1993, the seasonal variation in AFP incidence, which reflects the occurrence of poliomyelitis and usually peaks in Egypt during August–October, decreased substantially (Figure 2).

The geographic distribution of confirmed poliomyelitis cases remained widespread in 1992, with cases reported from 24 of 26 governorates. However, during 1993, poliomyelitis was focally distributed and reported in 17 of 26 governorates.

Reported by: Expanded Program on Immunization, Ministry of Health, Cairo. Eastern Mediterranean Regional Office, World Health Organization, Alexandria, Egypt; Expanded Program on Immunization, World Health Organization, Geneva. International Health Program Office; Div of Viral and Rickettsial Diseases, National Center for Infectious Diseases; Polio Eradication Activity, National Immunization Program, CDC.

Editorial Note: Because of its location between the emerging poliomyelitis-free zones of the Mahgreb Union and Arab states of the Persian Gulf, Egypt is particularly important to the goal of global eradication of poliomyelitis by the year 2000 (1). As a result of the implementation of large-scale supplementary vaccination activities and efforts to strengthen the poliomyelitis disease surveillance system, Egypt has made substantial progress toward eradicating poliomyelitis by the end of 1994. The incidence of poliomyelitis has decreased despite improvements in the poliomyelitis surveillance system. In addition, supplemental vaccination activities with OPV have not adversely affected the routine vaccination program or coverage levels with vaccines for the

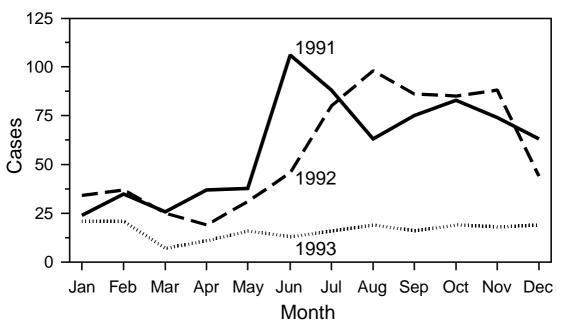


FIGURE 2. Number of acute flaccid paralysis cases, by month — Egypt, 1991–1993

Poliomyelitis — Continued

other EPI target diseases (i.e., diphtheria, measles, pertussis, tetanus, and tuberculosis).

Since 1991, the epidemiologic pattern of poliomyelitis in Egypt has changed from widespread endemic disease to a problem of more limited focal distribution. This change may be attributed to the combination of NIDs and focused mopping-up vaccination in high-risk districts. The Ministry of Health in Egypt plans to continue two rounds of NIDs each in 1994 and 1995 to ensure interruption of transmission of wild poliovirus. Decisions to conduct additional NIDs will be made following reassessment of the epidemiologic situation during 1995.

Reference

1. World Health Assembly. Global eradication of poliomyelitis by the year 2000. Geneva: World Health Organization, 1988. (Resolution WHA41.28).

Monthly Immunization Table

To track progress toward achieving the goals of the Childhood Immunization Initiative (CII), CDC publishes monthly a tabular summary of the number of cases of all diseases preventable by routine childhood vaccination reported during the previous month and year-to-date (provisional data). In addition, the table compares provisional data with final data for the previous year and highlights the number of reported cases among children aged ≤5 years, who are the primary focus of CII. Data in the table are derived from CDC's National Notifiable Diseases Surveillance System.

	No. cases, February	Total	cases	No. cases among children aged <5 years [†]			
Disease	1994	1993	1994	1993	1994		
Congenital rubella syndrome (CRS)	2	2	2	1	2		
Diphtheria Haemophilus influenzae§	0 91	200	0 168	0 71	50 50		
Hepatitis B [¶] Measles	883 28	1636 52	1540 34	12 22	33 7		
Mumps Pertussis	111 299	239 472	179 513	53 255	20 308		
Poliomyelitis, paralytic** Rubella	34	21	37	7	4		
Tetanus	2	2	3	0	0		

Number of reported cases of diseases preventable by routine childhood vaccination — United States, February 1994 and 1993–1994*

*Data for 1993 are final and for 1994, provisional.

[†]For 1993 and 1994, age data were available for 85% or more cases, except for 1993 CRS, which were available for 50% of cases, and 1994 pertussis and tetanus, which were available for 84% and 67% of cases, respectively.

[§]Invasive disease; *H. influenzae* serotype is not routinely reported to the National Notifiable Diseases Surveillance System.

¹Because most hepatitis B virus infections among infants and children aged <5 years are asymptomatic (although likely to become chronic), acute disease surveillance does not reflect the incidence of this problem in this age group or the effectiveness of hepatitis B vaccination in infants.

**No cases of suspected poliomyelitis have been reported in 1994; three cases of suspected poliomyelitis have been reported in 1993; four of the five suspected cases with onset in 1992 were confirmed; the confirmed cases were vaccine associated.

MNWR

Walter R. Dowdle, Ph.D., In Honor of 33 Years' Service at CDC

On April 1, 1994, Walter R. Dowdle, Ph.D., retired from CDC following 33 years of distinguished service in the U.S. Public Health Service. Since 1987, Dr. Dowdle has been Deputy Director of CDC and has had major responsibility within CDC's Office of the Director for providing oversight to the *Morbidity and Mortality Weekly Report (MMWR)* series. His high standard of excellence has helped to ensure the quality, integrity, and most effective application of scientific information published on behalf of the public. CDC and the Public Health Service are indebted to Dr. Dowdle for his dedication and commitment to public health.

MMWR

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